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## Facilitator Preparation

### MATERIALS

- interview transcript, focus group questions, open ended survey responses) in a document form
- The same piece of data in larger print and cut up into sections
- Sticky notes
- White board
- White board markers

### Activity Description

This activity was done with a youth participatory action research team collaborating with university educators to understand young people's experiences of feeling grounded in their bodies. Collaborators were asked to submit an artistic depiction of when they felt grounded and submit an audio clip explaining what grounded meant to them. To analyze the art and audio, the youth team and adult researchers worked together to identify emergent themes and then code the data under those themes. These themes were then used to inform the design of an intervention to support young people to feel grounded in their body.

## Facilitation Tips

Make sure that all data that is shared is anonymous and that all collaborators are on the IRB protocol, if relevant. Make sure that this activity is in compliance with the IRB protocol, if relevant and if human subjects are involved.



## Commitments to Equity

Traditionally, data has been coded and analyzed by researchers, without the collaboration of stakeholders. Research that honors multiple truths and that acknowledges multiple ways of knowing and being necessitates that the process of analyzing data incorporates multiple perspectives. Bringing stakeholders into the process is critical to the development of analytic frameworks and shared understandings

the values, experiences, and knowledge of stakeholders. Excluding the perspectives of stakeholders in the data analysis process could misrepresent the stakeholders. Engaging in collaborative processes of data analysis has the potential to mitigate the risk for harm and holds great opportunity for generating rich understandings and processes that support the wellbeing of all collaborators.

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